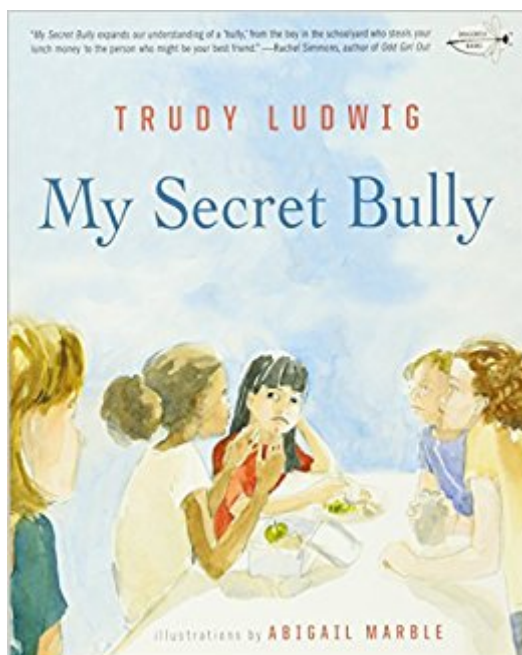


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# My Secret Bully



## Synopsis

THE SECRET'S OUT ON BULLYING Here is the all-too-familiar story of Monica. She and Katie have been friends since kindergarten. Monica loves being around her when she's nice. But there are times when Katie can be just plain mean. And Monica doesn't understand why. Monica is a target of relational aggression, emotional bullying among friends who will use name-calling and manipulation to humiliate and exclude. But with a little help from a supportive adult—her mother—Monica learns to cope and thrive by facing her fears and reclaiming power from her bully. Including a foreword by the founder of the Ophelia Project, as well as helpful tips, discussion questions, and additional resources, My Secret Bully is a vital resource for children, parents, teachers, and counselors. From the Hardcover edition.

## Book Information

Lexile Measure: AD630L (What's this?)

Paperback: 32 pages

Publisher: Dragonfly Books (February 10, 2015)

Language: English

ISBN-10: 0553509403

ISBN-13: 978-0553509403

Product Dimensions: 8 x 0.2 x 10 inches

Shipping Weight: 1.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 95 customer reviews

Best Sellers Rank: #46,391 in Books (See Top 100 in Books) #38 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Peer Pressure #113 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Bullies #485 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings

Age Range: 6 - 9 years

Grade Level: 1 - 4

## Customer Reviews

Grade 2-5-This overtly bibliotherapeutic offering tackles the difficult topic of bullying. Monica and

Katie have been friends since kindergarten, but lately Katie increasingly seeks to exclude and embarrass her pal in front of their classmates. Monica's despair and isolation are realistically portrayed and highlight the often-overlooked aggression between females. The child eventually shares her anguish with her mother, who effectively counsels her without presenting any pat solutions or easy answers. Lists of resources for adults and children and discussion points are appended. A muddy palette, uninspired renderings of the characters, and a small typeface detract substantially from the appeal of this picture book. Still, libraries may want to purchase it because of the scarcity of material on this very important issue. Rosalyn Pierini, San Luis Obispo City-County Library, CA Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

Review, School Library Journal: "This . . . bibliotherapeutic offering tackles the difficult topic of bullying, . . . [L]ibraries may want to purchase it because of the scarcity of material on this very important issue." • Rachel Simmons, author of *Odd Girl Out*: "Too few resources are available to families dealing with girl bullying. *MY SECRET BULLY* provides an important resource to help parents." • Dr. Kathy Masarie, founder and director of *FULL ESTEEM AHEAD*: "A must-read for any child who has ever been teased, ignored, or excluded by his/her peers. . . . A very useful resource for addressing social cruelty among children." • Theresa Markowitz, Ph.D., *Clinical Psychology*: "...a desperately needed tool to help parents, teachers, and other professionals address the growing epidemic of relational aggression (emotional bullying)."

My 8 year old daughter has been having problems at school with bullying and mean girls. This book she could identify with the characters and gave her strength to deal with her situation. She asks to read the book over and over and it great to start up conversation and revisit her accomplishments and new issues. We have a few other books by Trudy Ludwig and love them all. Also recommend the American Girl series of books about peer relations.

This book is a great tool to use in classrooms. It discusses one of the most common form of bullying and gives students an outlet to discuss things like this!

Kids had good discussion while reading it

I think this is really good for navigating uncomfortable 'friendships'. It's for kids a little older than mine, but I think it's effective. It's good as a conversation starter and a way to deal with 'friends' who don't treat you well.

I love this story because it is so real. It allows girls to relate to what is going on with the main character and gives advice to the victim and the adult who intervenes. As a school counselor, this book will be added to my repertoire of great classroom and small group lessons.

Educational for kids and parents alike. It ends somewhat abruptly, but nevertheless, I would recommend the book in helping children build emotional intelligence.

My DD loved this book. It gave us a great chance to talk about true friendship and what that means. I also purchased this book for our school library and for a few others as gifts.

Good for a read-aloud to start off class discussions.

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The Pout-Pout Fish and the Bully-Bully Shark (A Pout-Pout Fish Adventure) Bully Free™ Card Game (Bully Free Classroom™) My Secret Bully JULIA JONES' DIARY: My Secret Bully - Book 2: Diary Book for Girls 9-12 Top Secret Files: The Civil War: Spies, Secret Missions, and Hidden Facts from the Civil War (Top Secret Files of History) RISE of the MACHINES: Secret Weapons, Secret Wars, & Secret Agendas Confessions of a Former Bully The Shark Bully Little Girls Can Be Mean: Four Steps to Bully-Proof Girls in the Early Grades Children's Book: The Bird Bully [Bedtime Stories for Kids] The Juice Box Bully: Empowering Kids to Stand Up for Others Bully B.E.A.N.S. Llama Llama and the Bully Goat Bully Jake Drake, Bully Buster A Kids Book About Bullying: Teach Kids How to Deal With a Bully Bully! (The American Heroes Series) Bully for You, Teddy Roosevelt! (Unforgettable Americans) The Bully Pulpit: Theodore Roosevelt and the Golden Age of Journalism The Bully Pulpit: Theodore Roosevelt, William Howard Taft, and the Golden Age of Journalism

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